**Tactic: I Used to Think…Now I Think…**

*Surface shifts in perspective and help participants internalize what they’re learning, to unlock a different way of engaging with the issue or the group post-convening.*

**When to Use It:**

Use at the **end of a convening or learning experience** to help participants reflect on how their thinking has shifted and spark ideas on what they may do differently as a result. This tactic is especially valuable for surfacing quiet transformation, fostering closure, and deepening group commitment—particularly when the topic is complex, emotionally charged, or may have sparked skepticism at the start.

**How it Works:**

**Step 1 (5 minutes) | Set the Circle**Invite all participants to gather in a seated or standing circle.  
  
**Step 2 (2 minutes) | Frame the Prompt**Use this opening script or adapt it: “Over these past [X days], we’ve explored a range of perspectives and possibilities. Before we close, I want to invite you into a reflection. What’s something you *used to think* about [CONVENING TOPIC]—and what do you *now think*, after this time together?” Consider using the worksheet template below to allow for individual reflection time before opening it up to the group.

**Step 3 (2 min) | Model the Prompt**The facilitator goes first: “I used to think \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Now I think \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.”  
  
**Step 4 (20–30 minutes) | Round of Sharing**Invite each person to share, one by one, around the circle. No discussion—just listening.  
  
**Helpful Tips:**

* **Slow the pace.** Keep the overall feeling calm and spacious—don’t rush the round.
* **Share thoughtfully.** Encourage honesty and specificity. Shifts can be small or large.
* **Subtle is powerful.** Remind folks it’s okay to say something simple or subtle. This is not a performance.

